

SCHOOL HEALTH HAPPENINGS

November 2022

Inside the Newsletter



WEBINARS

GRANTS

RESOURCES

Make sure to check out the calendar on the last page!

**For School Health support, contact
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WEBINARS

Registration now Open! TX AFHK Annual Summit

NOVEMBER 15-16, 2022 | 11:30 AM CST

Make plans to join us on November 15-16 for learning sessions, networking and connecting with schools and districts across the state. We will have a youth panel, an update on plans for the upcoming legislative session as well as sessions on mental health in schools, School Health Advisory Councils, challenges of teen vaping and more! This will be a FREE Event

[Register Here](#)



Advancing Behavioral Health Collaboration (ABC) Annual Summit

NOVEMBER 29 - DECEMBER 1, 2022 | 9:00 AM-12:00 AM CST

The Texas Education Agency and partners are planning the 6th ABC Summit, which will be held virtually from November 29 – December 1, 2022, from 9:00 a.m. to 2:00 p.m. CST. This year's theme is Integrating School Mental Health to Support the Whole Child.

Presentations will focus on ways to elevate and integrate school mental health and wellness to support the whole child. Participation is encouraged for professionals working in education service centers, local education agencies, state agencies and community organizations who desire to support schools, learn from colleagues, and strengthen school mental health in Texas.

[Register Here](#)

WEBINARS

Texas Children in Nature Network 2022 Summit

DECEMBER 7-9, 2022 | TBA

Texas Children In Nature Network (TCiNN) is hosting their 2022 Summit from December 7-9, 2022. During the Summit, TCiNN will bring together over 250 community leaders from across the state to strengthen the nature network and develop opportunities and policies that will connect more children and families in nature. A private film screening of *Deep in the Heart* and an informative half-day workshop are included in the registration. For more information about the Summit and to register, please visit the TCiNN webpage.

[Register Here.](#)

GRANTS

Reaching for Excellence Grant

[Apply Here](#)

The Texas Department of State Health Services (DSHS) invites public and charter schools to apply for the Reaching for Excellence (RFE) in Texas School Health Grant. Two \$10,000 grants will be awarded for the 2023-2024 school year. The goal of the RFE grants is to fund projects that inspire students to live healthier lives. Projects must focus on at least one key component of the Whole School, Whole Community, Whole Child model. The application will open on September 1, 2022, and close November 14, 2022. Direct questions about the grant to schoolhealthwards@dshs.texas.gov or call 512-776-7279.



GRANTS

Federal Grants to Support Students' Mental Health

[Apply Here](#)

Research finds growing mental health needs among young people since the outset of the coronavirus pandemic. Now, the US Department of Education is set to launch two grant programs -- totaling \$280 million -- for schools aimed at expanding students' access to mental health support.

USDA Launches \$100 Million Healthy School Meals Initiative, Announces Grant Program for Rural Schools

[Apply Here](#)

USDA's Food and Nutrition Service launched the first phase of its \$100 million Healthy Meals Incentives Initiative, aimed at improving the nutritional quality of school meals. USDA has opened a request for applications for an organization to manage grants to small and rural school meal programs, establish an awards program to recognize school districts that are excelling in their meal quality, and support schools in bringing best practices into their lunchrooms. The request for applications is open through Nov. 28, 2022, to all nongovernmental organizations. Learn about the Healthy Meals Incentives Initiative

RESOURCES

Global Report Card on Physical Activity

Active Healthy Kids Global Alliance released the [2022 United States Report Card on Physical Activity for Children and Youth](#) along with report cards from 56 other countries. The report compared 57 countries from six continents to assess global levels and trends in child and adolescent physical activity, resulting in the Global Matrix 4.0 comparison of grades. The report revealed that modern lifestyles – increases in digital screen time, the growing urbanization of communities and the rise in automation of previously manual tasks – are contributing to a pervasive yet unequally distributed public health problem that must be recognized as a global priority.

RESOURCES

Healthy Day Toolkit

[Alliance for a Healthier Generation](#) and Kohl's Cares has created a [toolkit](#) to support families to stay healthy during the new school year. The toolkit includes a health checklist, motivation strategies, nutrition tips, and more. This toolkit supports student success at school with a home routine that prioritizes connection and well-being. [The resource is available in Spanish.](#)

Kids Health in the Classroom

Nemour's Kids Health offers many [health education resources](#) for teachers including teacher guides and lesson materials for a variety of topics across all grade levels. Topics include the human body, health problems, and personal health. Nemours has also created webpages for [teens](#) and [kids](#) to teach them about their health.

Wellness Policy in Action Tool

The Centers for Disease Control and Prevention Healthy Schools collaborated with the University of Connecticut's Rudd Center for Food Policy and Health to develop the [Wellness Policy in Action Tool](#). This resource is designed to help schools meet the U.S. Department of Agriculture's [triennial assessment requirements](#). Schools can measure how well their school nutrition and physical activity practices align with their district's local school wellness policy. Scores and recommendations for next steps can help schools take the best action for creating a healthier school.

National Association of School Nurses Back-to-School Toolkit

The National Association of School Nurses has released their [Back-to-School Toolkit](#). The toolkit highlights the resources nurses need to promote the well-being of students and help them develop lifelong habits that support optimal health and wellness. The toolkit will help nurses work with the school community to develop a healthy environment where students can thrive.

Grants-



November 2022

Webinars-



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 	15 	16 	17	18	19
20	21	22	23	24	25	26
27	28 	29 	30			

“Do not let making a living prevent you from making a life”

– John Wooden

